

Welcome to all our new and existing patients.+



UPDATE FROM THE PRACTICE

We would like to introduce you to Dr Naeem Ashfaq, Naeem has joined our Ilkley practice on Saturdays! Dr Naeem Ashfaq graduated from Manchester Dental School in 2019 and has since completed further Dental Core Training. He originally did work experience with us (over 10 years ago!) His return to us feels like a full circle moment. He spent 2 years working in Maxillofacial Surgery at Bradford Teaching Hospitals and Paediatric Dentistry at Leeds Dental Institute.



He is dedicated to making dental appointments as comfortable and relaxed as possible for patients and aims to work together with patients to help regain their confidence in their smiles. Naeem has a keen interest in Cosmetic Dentistry, Oral surgery and Orthodontics and enjoys all aspects of minimally invasive dentistry including Composite Bonding, Teeth Whitening and Invisalign.

We've recently seen an increase in the number of patients that have had hip/knee operations or patients that are undergoing or have recently had cancer treatment. To avoid any confusion, we have written out a brief statement as to where this leaves you in terms of treatment, particularly hygiene appointments.



Important Information

“If a patient has recently undergone hip/knee surgery or is having active cancer treatment or has recently finished cancer treatment they need to be signed off by their consultant in order to have any invasive treatment. Hygiene appointments are under that bracket and therefore patients are not able to see a hygienist until they have checked with their consultant. We have template letters ready to print or email for you to give to your consultant so that we can then proceed with the treatment. We apologise for any inconvenience, but we must follow the correct policies and procedures.”

If you have any questions or queries on this please don't hesitate to speak to our Patient Care Manager, Jodie.

Email: Jodiemarks@myidc.co.uk

NEWSLETTER SUMMER 2024

ILKLEY DENTAL CARE & BELLE VUE DENTAL PRACTICE



TREATMENT SPOTLIGHT

Hygiene Appointments



What are the different hygiene appointments we offer?

- **Hygiene Assessment & Re-Assessment**
 - **Hygiene Maintenance**
 - **Active Perio Treatment**
 - **Air Polish**



For most new patients they will be recommended 2 initial hygiene appointments with one of our hygiene team. The hygiene assessment appointment is for the hygienist to get a base level at where your oral health is at. What does your oral health routine look like? Do you floss? Do you use a manual or electric toothbrush? After this first appointment they will want to see you 1 month later for a re-assessment appointment, this is for them to see that the advice, techniques, and guidance they have given you to try at home is being completed, they will scale your teeth and get your mouth to a point that they can maintain with routine hygiene maintenance visits. If your hygienist is concerned that your gum health scores are deteriorating, they may suggest an active perio appointment, this may require the use of local anaesthetic, to flush out pockets and help prevent further gum deterioration.

What are the benefits of hygiene appointments?

- They are vital for achieving and maintaining good gum health.
- The hygienists can clean below the gum level. Something you, at home, cannot achieve.
- A hygienist visit leaves your mouth feeling clean and fresh!
- You get personalised oral health advice that is tailored to your mouth.

How much does a hygiene appointment cost?

Hygiene Assessment & Re-Assessment = Both appointments are £75 each. However, if you sign up to our membership scheme, Practice Plan, then we reduce both appointments by 50%! This means they are £37.50 each.

Hygiene Maintenance = £75. However, if you are a member of Practice Plan then these appointments are covered under your routine appointments and have already been paid through the plan.

Active Perio Treatment = Prices do vary, your hygienist will discuss costings in surgery, but approx. £150 per appointment.

Air Polish = From £10, if you have minimal staining and the hygienist feels it can be completed in your routine appointment this treatment can be added on for £10, however if you have heavy staining then you will need to come back for an additional maintenance appointment plus air polish which would be £85. Your hygienist will discuss this with you in surgery.



Online Portal

Our online portal has recently had an update making it easier for you to

- Book your Dental Health Check & Hygiene Maintenance Appointments.
- Update your personal information, such as your Address & Contact Numbers
- Update your Medical History

To use the online portal, ask reception to send you the link to get started. You will need a email address and mobile number to get set up.



If you would be so kind to leave us a 5 star Google review, we would really appreciate it. You can use the QR codes below.

ILKLEY DENTAL CARE



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Lastly, we want to thank you for your continued support,

Phil, Owen & all of the team

www.ilkleydentalcare.co.uk / www.bvdp.co.uk

Don't forget to follow us on social media for the most up-to-date information:



Ilkley Dental Group



@ilkleydentalgroup