



Hello to all our new and existing patients.

UPDATES FROM THE PRACTICE

We've had plenty to celebrate these past few months, with some lovely team news, a very special milestone for the practice and a few exciting memories made along the way.



Firstly, we're incredibly proud to be celebrating 20 years of owning Ilkley Dental Care. Two decades is a huge milestone and we'd like to take this opportunity to thank all our wonderful patients, both past and present, who have been part of that journey. From our team to our patients, the practice has changed and grown considerably over the years, but our commitment to providing friendly, high-quality dental care has remained at the heart of everything we do.

To mark the occasion, the team recently headed off to Lisbon for a weekend together. With around 20 members of the team joining, it was a brilliant opportunity to step away from the practice, spend some time together outside of work and, of course, enjoy plenty of good food, drinks and sunshine! We had a fantastic time celebrating not only 20 years of Ilkley Dental Care, but also the team we have today.



There's also been some lovely personal news within the team. We're delighted to share that Dr Sue Peet has welcomed a beautiful baby boy. We send our warmest congratulations to Sue and her family and hope they are enjoying this very special time together. Sue is planning to return to the practice on a phased return in November and we're very much looking forward to having her back with us.

We also have some more exciting baby news, our Belle Vue Lead Nurse, Sarah, is expecting a baby! We're thrilled for Sarah and her family and look forward to welcoming their little one early next year.

And finally, we have not one, but two engagements to celebrate! Our nurses Chloe and Catherine have both recently got engaged, so there's plenty of excitement (and wedding talk!) amongst the team. We'd like to send them both our biggest congratulations and wish them lots of happiness as they start planning their next chapters.

It's certainly been a busy few months for the team, with plenty to celebrate both inside and outside the practice. As always, thank you to all our patients for being part of our journey.

AUTUMN NEWSLETTER 2026

ILKLEY DENTAL CARE & BELLE VUE DENTAL PRACTICE



TREATMENT SPOTLIGHT

HYGIENE APPOINTMENTS

When was your last hygiene appointment?

Regular hygiene appointments are an important part of keeping your teeth and gums healthy. Even with a good brushing and flossing routine at home, plaque and tartar can build up in areas that are difficult to reach, making professional cleaning an important part of your dental care.

What Happens During a Hygiene Appointment?

Your hygienist will carefully assess your gum health and remove the build-up of plaque, calculus and staining from around your teeth. They can also offer advice on brushing, interdental cleaning and other ways to improve your oral hygiene at home. Depending on your individual needs, your hygienist may also recommend Airpolish stain removal, which uses a combination of air, water and fine powder to gently remove surface staining and leave your teeth feeling fresh and clean.

Why Might You Need a Hygiene Appointment?

A hygiene appointment can help if you have:

- Build-up of plaque or tartar
- Bleeding or sensitive gums
- Bad breath
- Staining from tea, coffee or other foods and drinks
- Gum disease or a history of gum problems
- Areas that are difficult to clean effectively at home

Cost of Treatment:

Hygiene appointments are £85.00

Airpolish stain removal is available for an additional £15.00.



Benefits of Regular Hygiene Appointments:

- Helps maintain healthy teeth and gums
- Removes plaque and tartar that brushing alone can't
- Helps prevent and manage gum disease
- Can reduce staining and leave teeth feeling cleaner
- Provides personalised advice to improve your home-care routine
- Helps keep your mouth feeling fresh and healthy

Regular hygiene appointments, alongside your routine dental examinations and a good home-care routine, can make a real difference to your long-term oral health.

Book Your Consultation Today!

Skipton: 01756 793558 / www.bvdp.co.uk

Ilkley: 01943 608750 / www.ilkleydentalcare.co.uk



Our Online Portal Just Got Better!

Our online portal has been designed to make your experience smoother and simpler than ever.

Now, with just a few clicks, you can:

Easily book your Dental Health Check and Hygiene Maintenance Appointments

Quickly update your personal details like your address and contact numbers

Effortlessly refresh your medical history

To get started, simply ask our friendly reception team to send you the link and you'll be all set! All you need is an email address and mobile number.



We'd be over the moon if you could share the love by leaving us a glowing 5-star Google review!

You can use the QR codes below.

ILKLEY DENTAL CARE



BELLE VUE DENTAL PRACTICE



If you have any questions or concerns, don't hesitate to reach out. Email our Patient Care Manager, Jodie, at jodiemarks@myidc.co.uk, and she'll be happy to help you out.

Thank You from Phil & Owen

A big thank you to all our patients for your continued support and for choosing us to look after your dental care. We're always grateful for the recommendations and kind feedback.

Phil, Owen & all of the team

www.ilkleydentalcare.co.uk / www.bvdp.co.uk

Come Find Us On Social Media



Ilkley Dental Group



@ilkleydentalgroup

ILKLEY DENTAL CARE & BELLE VUE DENTAL PRACTICE